

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p><u>Happy Birthday!</u> Beatriz Chapman Gayle Denegre Charles Jahant</p>		<p><u>A Message to Families</u> Volunteers are an important part of our activity program. They assist in activities and with outings. If you know of anyone that would be interested in this wonderful opportunity please contact Irma Aceves Lifestyles Coordinator of the Plaza at 214-214-623-6108.</p>		<p>1 10:00 Walking for Fitness 10:30 Entertainment Randy 2:30 Grooming Fun 4:00 Basket Ball 6:45 Hollywood Movie Legends DVD</p>	<p>2 10:00 Chair Exercise 10:30 Traveling by Book 3:00 Pop Corn & Movie 6:45 Music Appreciation</p>	<p>3 9:45 Finish the Phase 10:30 Dance Exercise 2:30 Bowling Game 3:00 & 7:30 Weekend Movie on Ch 27</p>
<p>4 10:30 Balloon Exercise 2:00 Bingo! 3:00 & 7:30 Traveling Through History-Ch. 27</p>	<p>5 10:00 Walking for Fitness 10:30 Readings & Writings 2:30 Bowling 4:00 Entertainment & Social Hour: Clarence Quinn 6:45 Family Classics DVD</p>	<p>6 10:00 Chair Exercise 10:30 Men Arts & Crafts Club 3:00 Remember This? 4:00 Sing-a-long with Chuck Hardtke 6:45 Music Appreciation</p>	<p>7 10:00 Chair Exercise 10:30 Morning Tea Social & Word Games 12:00 Picnic 4:00 Let's Play Bingo! 6:30 Wheel of Fortune on TV</p>	<p>8 10:00 Walking for Fitness 10:30 Autumn Flowers 2:30 Grooming Fun 4:00 Horse Race 6:45 Hollywood Movie Legends DVD</p>	<p>9 10:00 Chair Exercise 10:30 Traveling by Book 3:00 Pop Corn & Movie 6:45 Music Appreciation</p>	<p>10 9:45 Dice Roll 10:30 Dance Exercise 2:30 Bowling Game 3:00 & 7:30 Weekend Movie on Ch 27</p>	
<p>11 9:45 Dance Therapy with Lynn Moon 2:00 Bingo! 3:00 & 7:30 Traveling Through History-Ch. 27</p>	<p>12 Columbus Day 10:00 Walking for Fitness 11:30 Readings & Writings 2:30 Ice Cream Social 4:00 Entertainment & Social Hour: Clarence Quinn 6:45 Family Classics DVD</p>	<p>13 10:00 Chair Exercise 11:00 Lunch Outing: Macaroni Grill 4:00 Sing-a-long with Chuck Hardtke 6:45 Music Appreciation</p>	<p>14 10:00 Chair Exercise 10:30 Morning Tea Social & Word Games 2:30 Afternoon tea 4:00 Let's Play Bingo! 6:30 Wheel of Fortune on TV</p>	<p>15 10:00 Outing: State Fair 10:00 Ladies Arts & Craft 2:30 Grooming Fun 4:00 Volley Ball Game 6:45 Hollywood Movie Legends DVD</p>	<p>16 10:00 Chair Exercise 10:30 Table Games 3:00 Popcorn & Movie 6:45 Music Appreciation</p>	<p>17 10:00 Pet Therapy 10:30 Dance Exercise 2:30 Bowling Game 3:00 & 7:30 Weekend Movie on Ch 27</p>	
<p>18 10:30 Bowling 2:00 Bingo! 3:00 Reading with Friends 3:00 & 7:30 Traveling Through History-Ch. 27</p>	<p>19 10:00 Walking for Fitness 10:30 Readings & Writings 2:30 Bowling 4:00 Entertainment & Social Hour: Clarence Quinn 6:45 Family Classics DVD</p>	<p>20 10:00 Chair Exercise 10:30 Men Arts & Crafts Club 3:00 Remember This? 4:00 Sing-a-long with Chuck Hardtke 5:00 Oktoberfest Dinner 6:45 Music Appreciation</p>	<p>21 10:00 Chair Exercise 10:30 Morning Tea Social & Word Games 2:30 Birthday Party! 4:00 Let's Play Bingo! 6:30 Wheel of Fortune on TV</p>	<p>22 10:00 Walking for Fitness 10:00 Pumpkin Decoration 2:30 Grooming Fun 4:00 Horse Race 6:45 Hollywood Movie Legends DVD</p>	<p>23 10:00 Chair Exercise 10:30 Traveling by Book 2:30 Halloween Pet Parade 6:45 Music Appreciation</p>	<p>24 9:30 Finish the Phase 10:30 Dance Exercise 2:30 Bowling Game 3:00 & 7:30 Weekend Movie on Ch 27</p>	
<p>25 9:45 Dance Therapy with Lynn Moon 2:00 Bingo! 3:00 Reading with Friends 3:00 & 7:30 Traveling Through History-Ch. 27</p>	<p>26 10:00 Walking for Fitness 10:30 Readings & Writings 2:30 Ice Cream Social 4:00 Entertainment & Social Hour: Clarence Quinn 6:45 Family Classics DVD</p>	<p>27 10:00 Chair Exercise 10:30 Men Arts & Crafts Club 10:30 Current Events 3:00 Remember This? 4:00 Sing-a-long with Chuck Hardtke</p>	<p>28 10:00 Chair Exercise 10:30 Morning Tea Social & Word Games 2:00 Touring With Ron 4:00 Let's Play Bingo! 6:30 Wheel of Fortune on TV</p>	<p>29 10:00 Walking for Fitness 10:30 Ladies Arts & Craft 2:30 Grooming Fun 4:00 Guess What? Smell /Taste 6:45 Hollywood Movie Legends DVD</p>	<p>30 10:00 Chair Exercise 10:30 Halloween Party Costume Contest 3:00 Popcorn & Movie 6:45 Music Appreciation</p>	<p>31 Halloween 9:30 Finish the Phase 10:30 Dance Exercise 2:30 Bowling Game 3:00 & 7:30 Weekend Movie on Ch 27</p>	